

**Town of East Haven, CT**  
**East Haven Counseling & Community Services Commission**  
**REGULAR MEETING MINUTES – 7:00 p.m.**  
**June 25, 2019 @ 7 p.m.**  
**595 Thompson Avenue, East Haven, CT 06512**

The East Haven Counseling & Community Services held a Meeting on Tuesday, June 25, 2019 at 7:00 P.M - 595 Thompson Avenue, East Haven, CT 06512.

**1. Roll Call**

Matt Abbott - Chairman, Arlene Hackbarth, Sandra Enders and Nicole Serio-Merritt were present Also in attendance was Ms. Beth Trotta, LCSW, BH Care Director. Samantha Batson was absent.

**2. To consider and approve minutes from May 28 , 2019 meeting.**

Nicole Serio Merritt makes a motion to approve the minutes. Sandra Enders seconds the motion. All in Favor. Motion Carried.

**3. Ms. Beth Trotta, Program Manager to update commission on current clinic situation.**

**(Handouts given to commission)**

Data for the month of May 2019. Ms. Beth Trotta stated that they had 12 calls requesting service. Of that 2 were referred out or not eligible/not appropriate or no response. 3 did not show for orientation/intake. For admissions we had 9, and 10 discharges. We had 61 for DMHAS admissions and 141 for Non-DMHAS. The current active caseload as of May is at 199. We accumulated 1 hour of in-kind services for the Dept. of Education. We had done 330 billable hours

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Productivity is at 56%, No Show Rate 16%, and #of Clients Seen were 357.  
Revenue this period \$19,505.45 /FY 2019 to date \$216,118.44 .

Beth stated when they get June's money they will be between last year and the year before. Matt asks about discharges and the reasons. Beth states that most of these are people who needed to be called out and had not been coming. We just have to cut our losses at some point. Some were those who were successful at coming and completed their goals and had no reason to continue so we discharge them. Sandra asks if there are groups. Beth states we do we have Women's Groups with on- going open enrollment, and during the Summer we will have two cycles ages 10-12 and 12-15 for the month of July. We also had a DBT group and a men's group and tried to start an anxiety group but it is hard to get people to come to groups. Most want one on one. Beth states that they have had the first trial cycle of the exit interview – all the results were very good.

**4. Commission Comments.**

None

**5. Public Comment.**

None

**6. Discuss and approve any other matters that may come before the commission.**

None

**7. Adjournment**

Matt made a motion to adjourn at 7:17 p.m. Nicole seconded. All in Favor.  
Motion Carried.

Temple Smith

East Haven Counseling & Community Services Commission Clerk