

Town of East Haven, CT
East Haven Counseling & Community Services Commission
Minutes
January 15, 2013 – 7:00 p.m.
595 Thompson Avenue, East Haven, CT 06512

Meeting was called to order at 7:00 p.m. by Chairman Mr. Matt Abbott

- **Roll Call.**

Chairman, Mr. Matt Abbott – Present, Ms. Marianne Cesare - Present, Ms. Eileen DeMayo – Absent, Ms. Cynthia Rojas – Absent and Ms. Sandra Enders – Present. Also present - Ms. Beth Trotta, LCSW – BH Care Director

- **To consider and approve minutes from December 11, 2012 meeting.**

Chairman Mr. Matt Abbott makes a motion to accept the minutes. Ms. Sandra Enders accepts and Ms. Marianne Cesar seconds. – All in Favor – None Opposed – Motion Carries.

3. Ms. Beth Trotta, Program Manager to update commission on current clinic situation.

Ms. Beth Trotta states that the next group orientation is scheduled for tomorrow January 16, 2013, and there are 9 additional clients attending. The current wait list is at 17. – 16 Adults and 1 Child. This is the second group orientation. In December we had 23 calls – 4 were either referred out or not eligible for services. 13 did not respond to calls or in process. 6 we have added as new clients to the wait list. In December we had 5 admissions and 8 discharges. That brings our current active caseload to 195. It's a little low but we have 9 that are going to be added immediately because they have called and said they were coming. Mr. Matt Abbott states so these nine are not part of the 16 adults. Ms. Beth Trotta states correct additionally, here are the numbers since Sept. 1, 2012 (when BHCare began management of the EHCCS) people on the wait list as of August 30th that were either admitted/referred out/ or found not eligible were 47. Between Sept. and Dec. 86 people called requesting for services and of that number 46 were-referred out, found not eligible or they made an appointment and did not show. We admitted 14 and discharged 46. Mr. Matt. Abbott asks were the 86 you referred out or were not eligible you admitted 14 where is the remainder?

Town of East Haven, CT
East Haven Counseling & Community Services Commission
Minutes
January 15, 2013 – 7:00 p.m.
595 Thompson Avenue, East Haven, CT 06512

Ms. Trotta states the remainder are either on the wait list or on the list for group orientation tomorrow. Mr. Matt Abbott states that 26 discharges are great. Ms. Trotta states that they have a group orientation schedule that hopefully if all goes as planned by the end of June that it will be in real time so that when people call they will be able to receive an intake appointment within a week or two. This will be a little bit of an aggressive schedule but am hoping this can be done in June if not by July. Mr. Matt Abbott asks if there have any increase in calls due to the Sandy Hook incident. Ms. Trotta states no but we have gotten requests from the larger networks looking for trauma trained clinicians. The schools have not called us. Mr. Matt Abbott states that they do have their own counselors but wondering if the schools would ever contact your services for additional support. Ms. Beth Trotta states I would think that they would. We have seen children in all of the schools because our clinicians have relationships with social workers and guidance counselors in all the schools. Mr. Matt Abbott states he was just curious if they were aware that they could access additional services here – for instance if there were a traumatic event that happened in one of the schools. Ms. Marianne Cesar states that each school has their own school psychologist; as far as I have heard there have not been any issues. As far as the first day back each school was off their daily routine such as police at the front door etc. Mr. Matt Abbott suggests that Ms. Beth Trotta reaches out to Superintendent Mr. Serio in letter form that the East Haven Counseling & Community Services is available in any crisis to lend support and assistance if ever needed.

- **Explore potential candidates to replace Commissioner DeMayo whose term ends next month**

Mr. Matt Abbott states Commissioner DeMayo's commission ends in February 2013 and she does not plan on returning therefore the seat is vacant and we need to explore potential candidates. Ms. Sandra Enders asks what are the requirements regarding filling the vacant commission seat. Ms. Trotta states that the only few requirements she is aware of is that you must be an East Haven resident and you may need to refill the vacant seat with the same

Town of East Haven, CT
East Haven Counseling & Community Services Commission
Minutes
January 15, 2013 – 7:00 p.m.
595 Thompson Avenue, East Haven, CT 06512

political status upon the Mayors approval. Although this is not a requirement you need to have an interest in the clinical mental health field. Mr. Matt Abbott suggests that a search be done for someone who is in the mental health field whether it be via, school counselor, clinician, or student in the field it would be great to have someone with a mental health background if possible fill the vacant seat.

- **Discuss and approve any other matters that may come before the commission.**

Ms. Marianne Cesare stated that she is going to have a conflict with the current meeting dates and start times due to the fact that the Mayor has placed her on the School Building Committee and there is a conflict because both committees meet at the same time and dates. Ms. Marianne is wondering if it would be possible to move the dates of the EHCCS meetings so she can attend both commissions. Pending Ms. Cynthia Rojas input the EHCCS commission is currently looking into changing the dates to the 4th Tuesdays of the month. Discussion and voting will be added to next meeting agenda regarding the dates schedule change.

- **Adjournment.**

Mr. Matt Abbott makes a motion to call the meeting to adjournment at 7:40 pm. Ms. Sandra Enders accepts the motion, and Ms. Marianne Cesare seconds. All in Favor. None Opposed. Motion Carries.

Temple Smith

Counseling & Community Services Commission