

East Haven Counseling & Community Services

DISCHARGE POLICIES

TREATMENT IMPLIES YOU ARE AN EQUAL PARTICIPANT IN THE THERAPY PROCESS. If you frequently miss or cancel appointments, or if you do not follow your treatment plan — including recommendations for substance abuse treatment — it may lead to discharge.

Before being discharged, you will be sent a letter outlining how to return to the agency if you want to continue services. It will be mandatory to develop a corrective treatment plan with your clinician and/or the program manager prior to returning.

Also, since we are a town-funded agency **CLIENTS MUST BE EAST HAVEN RESIDENTS.** If you move out of town, we must discharge you. Your clinician will help you search for a new provider and will continue to treat you during this time. We will also work to make sure any treatment and/or medication needs are covered during transition. If you do not follow up with the new agency, we cannot continue to provide you with services.

THE FOLLOWING BEHAVIORS AUTOMATICALLY LEAD TO IMMEDIATE DISCHARGE:

- Bringing alcohol, illicit substances or a weapon onto the grounds of the agency, which includes the parking lot.
- Physically assaulting a staff member(s) or another client(s)
- Destroying agency and/or staff property

If you do something illegal we may also contact the police and/or press charges.

ANYONE WHO HAS BEEN DISCHARGED WILL NOT BE GIVEN MEDICATION REFILLS.