

East Haven Counseling & Community Services

DRUG AND ALCOHOL POLICY

East Haven Counseling & Community Service's primary clinical program is for out-patient mental health services. This does not include counseling for alcohol or drug abuse, as the clinic does not have a license to treat substance abuse. Anyone who is struggling with drugs and/or alcohol issues will be referred out to an appropriate facility

We recognize that people suffering from addictions may come to the agency asking for help while under the influence of drugs and/or alcohol. In order to best help in this situation, the first priority needs to be helping with a safe return home to avoid future harm to yourself or others. To this end, the agency has developed the following policy:

1. Should your clinician suspect, or should you confirm, that you've arrived to your appointment under the influence of drugs and/or alcohol, your clinician will help you to decide if an in-patient detoxification is necessary to help with your sobriety.
2. Should you decide against an in-patient admission, or if this is not recommended by your clinician, your clinician will help to arrange for safe transportation home. This may mean calling a friend, family member or cab.
3. Please be aware that if you drove to the agency in your own car and you are deemed to be under the influence of drugs and/or alcohol, your clinician will ask you to surrender your keys until you are sober and can safely drive.
4. Please be aware that if you refuse to surrender your keys and insist on driving, the East Haven Police Department will be called.