Mother’s Day
Sunday, May 10, 2020
Pegi Schlis, CTRS, ACC, AC-BC

HISTORY

In 1907, Anna Jarvis of Philadelphia, PA gathered friends at her home to introduce her idea of Mother’s Day. It was met with great interest. She asked her mother’s church in Grafton, West Virginia to hold a service to honor her mother and other mothers, and they did so on the second Sunday in May in 1908. At the end of the service, Jarvis presented each mother and child with a carnation, her mother’s favorite flower.

Jarvis and her friends began a letter writing campaign to create a nationwide Mother’s Day observance. They encouraged families to honor their mothers with simple, at-home gatherings. Over the following years, people celebrated an unofficial Mother’s Day. On May 8, 1914, President Woodrow Wilson signed a proclamation designating the second Sunday in May as Mother’s Day. The carnation is the official flower.

This Was the Year...1955
Pegi Schlis, CTRS, ACC, AC-BC

POPULAR MOVIES
Marty (Academy Award® winner) • Rebel Without a Cause • Lady and the Tramp • To Catch a Thief • East of Eden • The Seven Year Itch

POPULAR TV SHOWS
The $64,000 Question • I Love Lucy • The Ed Sullivan Show • Disneyland • Jack Benny Show

FADS
Tonka® trucks • Pluto Platter Flying Saucer (Frisbee® -like) • Play-Doh® (off-white)

SPORTS CHAMPIONS
• Brooklyn Dodgers (baseball) • Cleveland Browns (football) • Bob Sweikert (Indianapolis 500) • Detroit Red Wings (hockey) • University of San Francisco (NCAA basketball) • Syracuse Nationals (NBA)

MUSIC
Ain’t That a Shame (Pat Boone) • Autumn Leaves (Roger Williams) • The Ballad of Davy Crockett (Bill Hayes) • Hearts of Stone (The Fontane Sisters) • Learnin’ the Blues (Frank Sinatra) • Let Me Go, Lover (Joan Weber) • Sixteen Tons (Tennessee Ernie Ford) • Unchained Melody (Les Baxter) • Rock Around the Clock (Bill Haley & His Comets)

POPULAR QUOTES
“Now it’s time to say ‘Good-Bye!’ to all our company, M-I-C...K-E-Y...M-O-U-S-E...”
The Mickey Mouse Club
LUNCH WILL NOT BE SERVED AT THE EAST HAVEN SENIOR CENTER UNTIL FURTHER NOTICE.

FOR INFORMATION ON ALTERNATIVE LUNCH PROGRAMS, PLEASE CALL (203) 468-3277

FOR MORE INFORMATION ON MEALS ON WHEELS PROGRAM FOR HOMEBOUND ELDERLY IN GREATER NEW HAVEN, CONTACT LIFEBRIDGE COMMUNITY SERVICES AT 203-752-9919 OR EMAIL seniorfoodservices@lifebridgetct.org

******************************************************************************

DIRECTOR’S CORNER

The health and safety of all individuals, including our Senior Center community, remains our first priority. Based on guidance from the East Shore District Health Department, the Town of East Haven closed the East Haven Senior Center on March 13, 2020 for an indefinite period of time. As you know, the Senior Center remains closed.

It is important to continue following those basic daily practices to protect yourselves, your families, and the community. Basic precautions include: staying home if you are feeling sick, avoiding large crowds and close personal contact and regularly washing your hands for a full 20 seconds with soap and water. As you know, as of April 20, CT residents are required to wear cloth face masks in public whenever 6 feet social distancing cannot be maintained.

Social distancing does not mean isolation. In many areas, people go for daily walks with a family member or dog. They sit outside in the fresh air or work in their yards or gardens, planting flowers and vegetables. They spend time with families and friends through cards and letters, emails, phone calls, texts and video chats. Behind the scenes, people provide food, meals, masks and personal items to neighbors and front line responders within the community.

As circumstances develop, decisions to reopen will be made with health and well-being for all as our highest priority. Until then, I thank you for your patience and understanding.

— Bob

2020 Trip Schedule

DUE TO THE CORONAVIRUS (COVID-19), SCHEDULED TRIPS MAY BE POSTPONED OR CANCELLED. FOR MORE INFORMATION, PLEASE CONTACT GETAWAY TOURS DIRECTLY AT 1-800-247-5457. THANK YOU.

***CANCELED***
MAY 13 (Wednesday) NEW YORK, NY MUSEUM OF MODERN ART Lunch at MONT BLANCHA

***CANCELED***
MAY 21 (Thursday) NEWPORT, RI NEWPORT PLAYHOUSE “Sex Please, We’re Sixty”

***CANCELED***
MAY 26—29 (Tuesday—Friday) BAR HARBOR, MAINE

JUNE 11 **RESCHEDULED TO AUGUST 11, 2020** NORTH KINGSTOWN, RI LIGHTHOUSE CRUISE

JUNE 23 — 25 (Tuesday—Thursday) ATLANTIC CITY, NJ BALLY’S CASINO-HOTEL $425.00 SINGLE $310.00 PP DBL.

JULY 9 (Thursday) MASHANTUCKET, CT FOXWOODS CASINO $81.00

**RESCHEDULED FROM JUNE 11, 2020**
AUGUST 11 (Thursday) NORTH KINGSTOWN, RI RHODE ISLAND LIGHTHOUSE CRUISE Lunch at QUONSET ‘O CLUB $119.00 SINGLE

AUGUST 27 (Thursday) ELMSFORD, NY WESTCHESTER BROADWAY THEATRE 9 TO 5 THE MUSICAL $119.00

SEPTEMBER 26 (Saturday) SAUGERTIES, NY 30th Annual Hudson Valley Garlic Festival at Cantine Field $75.00

SEPTEMBER 29 (Tuesday) CORNWALLVILLE, NY GAVIN’S IRISH COUNTRY INN—OKTOBERFEST A Fall Celebration in the Catskills $100.00

OCTOBER 19—21 (Monday—Wednesday) AUTUMN in LANCASTER, PA Pennsylvania Dutch Country $675.00 Single $555.00 PP Double; $535.00 PP Triple

DECEMBER 2—4 (Wednesday—Friday) DOVER DOWNS, DELWARE Christmastime at Dover Downs Casino!
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>EAST HAVEN SENIOR CENTER 91 TAYLOR AVE EAST HAVEN CT 06512 (203)468-3277 DUE TO COVID-19, SENIOR CENTER IS CLOSED UNTIL FURTHER NOTICE</td>
<td>MAY 2020 ACTIVITIES ARE SUSPENDED UNTIL FURTHER NOTICE.</td>
<td>APRIL ANSWERS: #1: Air Force One #2: Half Baked #3: Light at the End of the Tunnel #4: Foreign Affairs #5: Hit Below Belt #6: Upstate #7: Online</td>
<td>SEE JUNE NEWSLETTER FOR MAY PUZZLE ANSWERS</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Word Puzzle #1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>DAYS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td>Word Puzzle #2</td>
<td></td>
<td>Word Puzzle #3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GRACE</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>Word Puzzle #4</td>
<td></td>
<td></td>
<td>Word Puzzle #5</td>
<td></td>
</tr>
<tr>
<td>ANNE</td>
<td></td>
<td></td>
<td>FAMILY</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>Word Puzzle #6</td>
<td></td>
<td>Word Puzzle #7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PEAK PEAK</td>
<td></td>
<td>COMPANY COMPANY</td>
<td></td>
<td>BA D</td>
</tr>
<tr>
<td></td>
<td></td>
<td>COMPANY COMPANY</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
THE RECIPE BOX:
DoubleTree Signature Cookie
Makes 26 Cookies

1/2 pound butter, softened (2 sticks)
3/4 cup + 1 tablespoon granulated sugar
3/4 cup packed light brown sugar
2 large eggs
1 1/4 teaspoons vanilla extract
1/4 teaspoon freshly squeezed lemon juice
2 1/4 cups flour
1/2 cup rolled oats
1 teaspoon baking soda
1 teaspoon salt
Pinch cinnamon
2 2/3 cups Nestle Tollhouse semi-sweet choc chips
1 3/4 cups chopped walnuts

Preheat oven to 300 degrees F;
Cream butter, sugar and brown sugar in the bowl of a stand mixer on medium speed for about 2 minutes;
Add eggs, vanilla and lemon juice, blend with mixer on low for 30 seconds, then medium for about 2 minutes until light and fluffy, scraping down bowl;
On low speed, add flour, oats, baking soda, salt and cinnamon, blending about 45 seconds. Don’t overmix;
Remove bowl from mixer, stir in choc chips and nuts;
Scoop (about 3 Tablespoons) onto baking sheet lined with parchment paper about 2 inches apart;
Bake 20 to 23 minutes, or until edges are golden brown and center is still soft;
Remove from oven; cool on baking sheet for 1 hour.

GOOD NEWS!

BEATING THE STORM

Barry, an aging, disabled WWII Veteran, was a gentleman and an inspiration. The Society of St. Andrew Gleaning program in Florida called Barry for help. The owner of a small grove of orange trees had offered his harvest to fill a request for oranges for two North Carolina towns. The oranges had to be harvested quickly before a severe storm hit with high winds and heavy rain.

Two scout troops joined Barry and his band of 30 veterans, some with missing limbs, all ready to pick oranges. It was a race against time; the teamwork was awesome to watch. As the sky darkened, vets were picking the lower fruit while the scouts were scrambling up ladders to get all they could reach.

A woman pulled off the road and got out of her car. After a brief introduction, she offered to supply more gleaners; they arrived in prison orange! Barry was in rare form as he saluted the new arrivals and pointed to trees waiting to be picked.

Then an even more amazing thing happened. Kids on bikes, neighbors and folks from churches joined in the harvest. Over 100 volunteers loaded bags and buckets and filled pickup trucks roaming the grove. Over 40,000 pounds of citrus was harvested before the storm arrived. Coffee, iced tea, pies and donuts were brought to the volunteer gleaners as part of the community’s decision to work together.

One more thing: the following year, a semi loaded with sweet potatoes from North Carolina arrived at the small Florida town that came together to send oranges to the communities in need. The potatoes were delivered to food banks and soup kitchens in several counties. But that’s another story.

Coronavirus -
Keep Doing These
Everyday Practices

Basic Everyday Practices help you reduce your risk and do your part to protect others. Please be diligent and follow precautions to prevent infection:

• Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol.
• Avoid touching your eyes, nose and mouth with unwashed hands.
• Avoid close contact with people who are sick.
• Stay home as much as possible.
• Cover your mouth and nose with a cloth face cover when around others.
• Cover your cough or sneeze with a tissue, then throw the tissue into the trash.
• Clean and disinfect frequently touched objects and surfaces daily.

The Senior Center
Says “Thank You!”
for your contributions
and your helping hands:

• Dunkin Donuts
• East Haven Chamber of Commerce
• LifeBridge Community Services
• Raging Knights Firefighter Motorcycle Club
• Twin Pines Diner
• United Cleaning & Restoration, LLC