- **Mon, 27**: 10:00a Cardiobooming - 11:30a Lunch - 12:15p Bingo
- **Tue, 28**: 10:00a Happy Hookers (Support Group) - 11:15p Lunch - 12:15p Walk - 1:00p Bingo
- **Wed, 29**: 9:00a Happy Hookers (Support Group) - 10:00a Tai Chi - 11:30a Lunch - 12:15p Walk - 1:00p Bingo
- **Thu, 30**: 10:00a Active Older Adult Fit - 11:30a Lunch - 12:15p Walk - 1:00p Bingo
- **Fri, 31**: 10:00a Shopping, Stop & Shop - 11:30a Lunch - 12:15p Bingo

**November 2022**

- **1-4**: Thanksgiving Day
- **5-8**: Election Day
- **9**: Veterans Day