The Advance Directive
An Advance Directive is a written statement of a person's wishes regarding medical treatment, often including a living will. This document is made to ensure those wishes are carried out should the person be unable to communicate them to a physician.

Benefits of Creating an Advance Directive?
The benefits are straightforward in that it ensures the person's wishes are carried out. It also relieves the immediate family of having to make difficult decisions on behalf of person. Should the client be in a medical situation far from home, the attending physician would then have direction as to treatment.
There are generally five categories of an advance directive:

- Living Will
- Durable Power of Attorney/Medical Power of Attorney
- POLST (Physician Orders for Life Sustaining Treatment)
- DNR (Do Not Resuscitate)
- Organ & Tissue Donation

It is also important to understand why a person may decide to create an advance directive for themselves. In many cases it is to ensure that they are treated with the dignity that they feel they desire. Another driving factor may be to relieve their loved ones of making difficult decisions on their behalf. Ask Always Best Care how we can educate you, your loved one, or the family about all aspects of an Advanced Directive.

For More Information Call 203-269-1522